



# Seniors Services UNDER ONE ROOF

**Are you a senior who wants  
to stay in your home?**

**Does your Mom need to move from  
the family home of 50 years but  
doesn't know where to begin?**

**Do you or someone you know  
need footcare?**

**Are you a family caregiver overwhelmed  
with navigating the health care maze?**

*Seniors Services Under One Roof is here to help.*

Founded in 2010, we are a **“one-stop” resource centre** for seniors and family caregivers. Our office is made up of independent and locally owned businesses in the Comox Valley.

## **We provide:**

- Eldercare advising, case management and medical advocacy
- Assistance with relocation or downsizing
- Foot Care in-home (or in-office)
- Home support & nursing care
- Household management including housekeeping, meal preparation, companionship and transportation
- Driving to and from appointments
- Away from home respite care

We are a group of seasoned health care and eldercare professionals. All of our providers are fully insured, including:

- commercial and professional liability
- extended automobile policy
- Workers' Compensation coverage

***We are committed to providing the highest quality of service and care for our clients at reasonable rates.***

Our teams of providers are available for no-obligation ½ hour telephone or in-office consultation. The exception is our foot-care nurse who provides a consultation as part of your first foot-care treatment.



***Here to help.***

**250-339-1188**

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and Anderton Avenue*